

fieldwork

fieldwork

15 Lena Gardens
London W6 7PY
T +44 (0)20 7602 2053
F +44 (0)20 7602 2053
E richard@field-work.co.uk
www.field-work.co.uk

Moving Towards Wholeness

(utilizing presence, systemic constellations)

facilitated by
Richard Wallstein PhD, C.Psychol.
UKCP Registered Psychotherapist

Workshops 2009

07 – 08 February London
25 – 26 April London
20 – 21 June London
26 – 27 September London
14 – 15 November London

Moving Towards Wholeness

Often we experience our inability to achieve what we desire as an internal emptiness or lack. This suggests we have lost contact with some vital aspect of our Being. These workshops are an opportunity to begin reconnecting with our essential qualities, a movement which initiates our transformation.

To support a participant's movement toward achieving their goal, we attend to their heart's desire through the practices of presence and systemic constellations.

In the systemic view, the fates and relationships of those earlier in our family or other systems can create entanglements which reduce the energy flowing to those coming later. Such entanglements produce feelings of limitation or the sense that what we most desire is unattainable.

Opening to the larger truths of the systems to which we belong creates the capacity for us to begin to take hold more fully of our own lives and to live in greater peace with our origins. Acting in the present, on the basis of what *is*, rather than on our beliefs or preferences, harmonises the flow of systemic energy, heals our families and opens our hearts.

Workshop spaces are limited. Work in the group may be individual or in a constellation; likely, all participants wishing to work on their issue will be able to do so. Participants desiring to experience the work as representatives in the systems constellated will be able to do so. People experience both acting as a representative and being a member of the group as healing in themselves. In addition, these roles contribute to the deep holding of this gentle but powerful work.

Richard Wallstein has led workshops and trainings internationally for over a decade. He is a founder-trainer of the Centre for the Study of Intimate and Social Systems, a board member of the International Systemic Constellations Association, a UKCP registered Gestalt psychotherapist and a chartered psychologist. He has psychotherapy and coaching/consulting practices in London.

Workshop Registration and Contact

The workshop fee is £160 and workshops run from 09.30 – 17.30 on each of the days.

There is a non-refundable £80 deposit for each workshop. Please send the application form on the right (or photocopy) and your deposit, a UK cheque (or sterling draft drawn on a UK bank) made payable to Richard Wallstein, to:

Fieldwork
15 Lena Gardens
London W6 7PY
UK

T +44 (0)20 7602 2053
E richard@field-work.co.uk
www.field-work.co.uk

If you would like to receive future notices by email, thereby saving paper, or would like to be removed from the mailing list, please email me, letting me know. Thank you.

Further Information

Richard Wallstein, as above,
www.csiss.org.uk or
www.hellinger.co.uk (at the FAQ link).

Moving Towards Wholeness 2009

Registration for (circle one):

Feb / Apr / Jun / Sep / Nov

name _____

address _____

city _____

postcode _____

tel _____

mobile _____

e-mail _____

Please post this form and your **non-refundable deposit** to the address on the left.